

Screening mammography services in the Perth metropolitan area.

All BreastScreen WA premises provide access for women who use a wheelchair.

The **Outer Metropolitan mobile** service is not suitable if you use a wheelchair. The Outer Metropolitan service visits Serpentine, Mandurah and Armadale. If you live in these areas we can arrange an appointment for you at an alternative clinic.

Screening mammography services in rural WA

The mobile screening services that visit rural areas are equipped with a ramp and handrail to allow access for most wheelchairs.

Because the ramp gradient is steep, arrangements can be made for personnel to assist women to enter and leave the mobile – but we need to know beforehand. If you are concerned that your wheelchair may have access problems please tell the call centre staff when making your appointment.

If you live in rural WA and are unable to access the mobile service you should speak to your GP about other methods of screening or early detection such as ultrasound and clinical examination.

Any questions?


The staff at BreastScreen WA will be happy to answer your questions. Please phone (08) 9323 6700 or toll-free on 1800 800 033.

TTY 1800 241 708.

Phone 13 20 50 for an appointment
(for the cost of a local call)

If you need an interpreter, please call the Translating and Interpreting Service (TIS) first on **13 14 50** and ask to be connected to our booking service on 13 20 50.

NOTE:

 Wheelchair access is available at all metropolitan clinics.

- Evening and Saturday morning appointments are available at most metropolitan clinics.

Where can I have a FREE screening mammogram?

BreastScreen WA has eight metropolitan clinics located at:

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| Cannington | Unit 15, Hometown Cannington, 1490 Albany Highway, Beckenham. |
| Fremantle | 2nd Floor City House, 22 Queen Street, Fremantle. This clinic is on Level 2 and has lift access for standard wheelchairs. |
| Joondalup | Unit 1 Reid Promenade, Joondalup. |
| Midland | 14/27 Old Great Northern Highway, Midland. |
| Mirrabooka | 29 Yirrigan Drive, Mirrabooka. |
| Padbury | Hepburn Heights Shopping Centre, Unit 8/6 Blackwattle Parade, Padbury. |
| Perth City | 50 Murray Street, Perth. |
| Rockingham | Unit 2, 12 Leghorn Street, Rockingham. |

For maps of clinic locations visit www.breastscreen.health.wa.gov.au



www.breastscreen.health.wa.gov.au

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Information on access for women with disabilities



Providing a quality service to meet individual needs



13 20 50

Helping Deliver a Healthy WA

BreastScreen WA is a fully accredited partner in the BreastScreen Australia Program that provides a FREE, high quality screening mammography and assessment service for all eligible women in Western Australia.

BreastScreen WA is committed to equal access for women with disabilities.

Who should have a screening mammogram?

Women aged 50 to 69 years should have a FREE screening mammogram every two years. The benefit from having a screening mammogram is greatest for women in this age group. Over 70 per cent of breast cancers occur in women over 50 years of age.

Women aged 40 to 49 years can attend if they wish. Currently there is no scientific evidence to suggest that regular screening mammography is an effective tool for reducing breast cancer deaths in women aged less than 50 years.

Women under 40 years are not eligible to attend a screening mammogram at BreastScreen WA. The breast tissue of young women tends to be more dense than the tissue of older women. Dense tissue may obscure breast cancers on the mammogram reducing diagnostic sensitivity of this test in younger women.

Women aged over 70 years are still welcome to attend BreastScreen WA for a free screening mammogram every two years. While they are not actively recruited, the risk of breast cancer continues with age. Women over 70, may have other health priorities, but are encouraged to continue to have mammograms.

About your screening mammogram

A screening mammogram is a low dose X-ray of a woman's breast. Screening mammograms are performed on women with no breast symptoms, for the purpose of detecting breast cancer at an early stage before it can be felt or noticed.

Finding a cancer at an early stage improves the chance of successful treatment.

What does a mammogram involve?

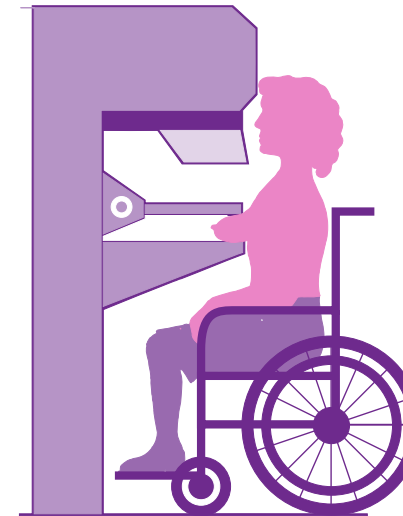
A specially trained female radiographer will take your mammogram.

Usually two X-rays are taken of each breast. To obtain a clear picture and to minimise the radiation dose, the breast is positioned and compressed. This may be uncomfortable, but lasts only a few seconds.

Some women who use wheelchairs are unable to be positioned appropriately for a complete mammogram.

It is important that you are independently able to hold your head up and hold your arms clear of both your chest and the breast support table while the mammogram is taken.

The whole appointment takes about 30 minutes.



For women unable to have a complete mammogram other techniques such as ultrasound and thorough clinical examination may be more appropriate.

You should discuss these options with your GP.

Remember... if breast cancer is detected early there is a good chance that it can be treated successfully.

Your decision

Some women may feel embarrassed about having a mammogram. BreastScreen WA respects each woman's privacy and dignity. The choice to have a screening mammogram is yours. In making this decision you may wish to discuss your individual circumstances with your doctor.

What else should I do?

Be breast aware:

- Look in the mirror at your breasts and feel your breasts from time to time.
- If you notice any new changes in your breasts, please see your GP straight away.
- Ask your GP to check your breasts regularly.

Where can I have a FREE screening mammogram?

All BreastScreen WA services provide access for women with disabilities.

Extended appointment times and wheelchair access are some of the ways we can meet your individual needs.

Please advise the call centre staff of your specific requirements at the time of making your appointment so we can book an extended appointment or arrange an interpreter if necessary.