

## Update from the Medical Director

Happy Easter. The first quarter of 2016 has been a busy one. The service met the challenge of screening a record number of women for this period of the year within the constraints of a staff recruitment freeze. A record 10,907 women were screened in February 2016, that's 223 more clients than our last record in October 2015 (10,684 women in Oct 15).

Best wishes to the 11 EPP staff members that have signed up to the City of Perth Activity Challenge. The participants are all committed to achieve their 10,000 steps per day over the twelve week challenge commencing 21 March.

- Dr Liz Wylie



## Secrets in the Garden



BreastScreen WA provided a pink presence at Secrets in the Garden on Sunday 6 March at Belvoir Amphitheatre.

Secrets in the Garden

is a one day women's outdoor festival filled with over 40 local, national and international inspiring speakers which this year included fitness guru Michelle Bridges. BSWA staff members Coby and Angela received enquiries from 64 women including directly booking in 20 women for their screening mammogram.

## Rural Women's Health Day, Bunbury



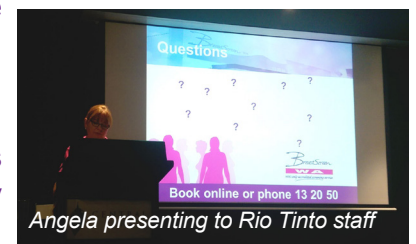
BSWA had a display at the 3<sup>rd</sup> Annual Rural Women's Health Day for GPs and Practice Nurses in Bunbury on 12 March. Approximately 40 GPs and practice

nurses attended. Charlotte Hosking, Physiotherapist from KEMH is pictured.

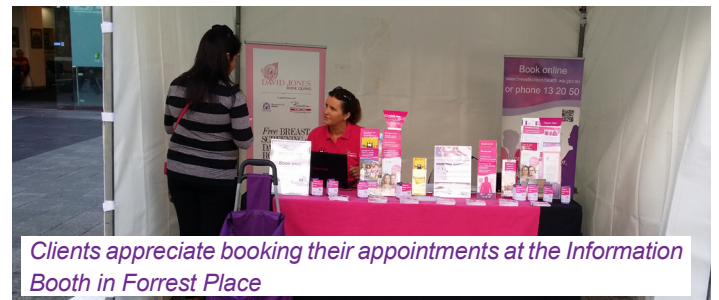
## International Women's Day events

The Health Promotion team have had a busy few weeks in the lead up to and including International Women's Day, with 17 events, 420 direct enquiries and 41 women booked into appointments.

Events have ranged from displays at shopping centres, multicultural events with the Ethnic Communities Council of WA, Closing the Gap and Women in Partnership events with Aboriginal women and corporate presentations for Rio Tinto and Rotary Club of WA.



Angela presenting to Rio Tinto staff



Clients appreciate booking their appointments at the Information Booth in Forrest Place

To celebrate International Women's Day the BSWA banners lined the Terrace for a week that culminated in an Information booth in Forrest Place on Friday 11 March.



Banners on the Terrace

BreastScreen WA staff members Sonya and Lorraine attended the 2016 ECCWA International Women's Day event on March 8. More than 100 professional and community women came together to celebrate this year's theme of "Gender Equality" Three key speakers and a discussion panel of young women explored the theme, through their experiences and hopes for the future.

Nilda Eisen (pictured right) shared her breast cancer journey, Nilda praised the BreastScreen WA program encouraging all eligible women to have regular screening mammograms.





**Sunday 8 May**  
Langley Park, Riverside Drive

8am 8km run starts  
8.45am 4km run starts  
9am 4km and 8km walk starts

Early bird (cheaper entry fees)  
closing date 6 /4/16 - see MDC  
website for costs



## Join the *BreastScreen WA* team **Breast Friends WA**

### What is it? How to join?

#### Walk or run 4km or 8km!

Our team (Breast Friends WA) is live and is ready for people to join.

Last year we had a BSWA team of 22 and this year we want to be even bigger!!

All participants registered to the BSWA team will receive a pink shirt to wear on the day (please wear your own if you already have one).

**BSWA staff and their friends and family are welcome to join our team!**

#### Last year a team member described the morning as:

*"An opportunity to spend time with wonderful people on a beautiful, sunny Perth day. The combination of fitness and fun with a sense of unity in spirit created a perfect combination. Full of love, laughter, and of course purpose, it felt like food for the soul."*

Register through the online registration system as yourself/family at: <http://www.mothersdayclassic.com.au/event-info/event-locations-map/perth/>

Once the event and race has been selected, team members will be prompted with a page asking if "you would like to join a team". Once selected that you wish to join a team, you can start typing the team name and a drop down menu will appear with team name(s).

Select the correct team name to join the team and continue with your registration!

The team name is: Breast Friends WA  
The password is: breastscreenwa

### Questions?

Any questions about the day or the registration process please contact Coby Pearson - 9323 6734, [coby.pearson@health.wa.gov.au](mailto:coby.pearson@health.wa.gov.au)

