



BreastScreen WA Information for women with Dense Breasts

- 30% of women attending the screening program may receive a normal result letter with information that they have dense breasts.
- If your breast X-rays show that your breast tissue is dense, this is normal. Breasts are usually denser in younger women. They naturally become less dense as the breasts change with increasing age and the glandular tissue decreases.
- When breasts are dense on an X-ray it is more difficult to see abnormal changes, including the early signs of breast cancer. Therefore, it is important for you to have a careful breast examination by your doctor as well as the breast X-rays.

Spot the dot....

The dot represents breast cancer



The greater the density, the more white areas on the breast X-ray, and the less obvious the dot.

Be breast aware

Get to know your breasts and what is normal for you. Look in the mirror at your breasts and feel your breasts from time to time.

If you notice any unusual changes in your breasts such as lumps, nipple discharge, or persistent new breast pain, even if your last screening mammogram was normal, please see your GP promptly.

For further information please call 13 20 50.

BreastScreen WA

Phone: 13 20 50

Email: breastscreenwa@health.wa.gov.au
Translating Interpreting Service (TIS) 13 14 50







www.breastscreen.health.wa.gov.au