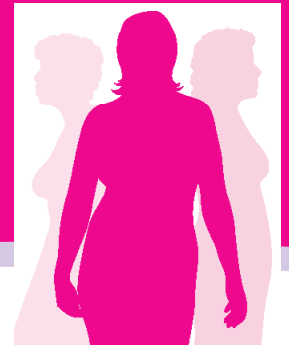


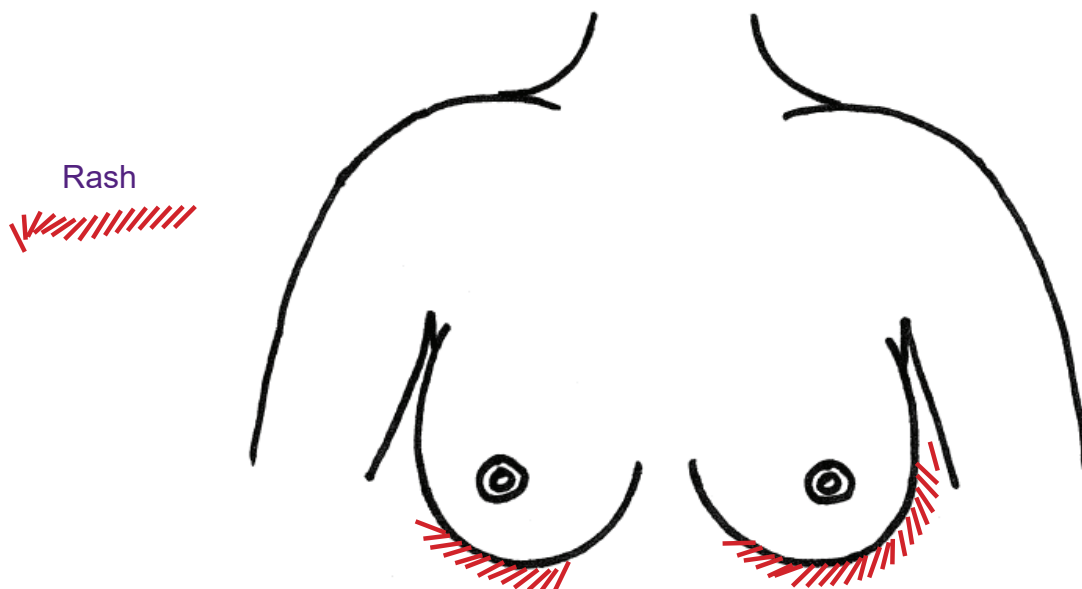


Government of Western Australia  
North Metropolitan Health Service



## Intertrigo (Rash in body folds)

Intertrigo is a rash that occurs in body skinfolds at any age eg. under the breast, in the groin, and under the arms. It is an inflammation or irritation of the skin from the rubbing of warm, moist skin against skin. Occasionally the vulnerable skin can get infected with yeast and bacteria. Symptoms may include itching, redness, soreness, cracked or crusty skin, an unpleasant odour and oozing.



It is advised to keep the area clean and dry, wear a well-fitting, supportive bra and use a simple nappy rash treatment like zinc based creams and powders eg. Curash. If the rash and symptoms do not improve then it is a good idea to see your GP for specific advice about managing your condition.

See the BreastScreen WA website for other information about breast health topics including Breast Awareness, Breast Pain, and Frequently Asked Questions.

[www.breastscreen.health.wa.gov.au](http://www.breastscreen.health.wa.gov.au)

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