



Update from the Medical Director

The Christmas New Year festivities are finished and school holidays are over. Hopefully we have all returned from the summer break refreshed as the challenges and rewards from 2020 are emerging. The BreastScreen State Coordinating Unit is to be congratulated on the excellent work it has undertaken on the New Road Map outlining our operational planning and strategic service improvement direction for the next 2 years. The Road Map and the DocuWiki application will be launched on 24 February. We are currently completing a number of tasks so that this financial year we will start uploading screening participants' results into MyHR. We are also preparing for the fit out of the new East Perth Clinic to replace the Murray Street Clinic at the end of that current building lease.

Dr Liz Wylie



Get on the Bus Towards 2022

The BSWA team is planning a number of key strategic initiatives to improve our capacity to meet growing demand, provide more innovative ways for clients to access services and further engage our workforce. In the upcoming months we expect to improve the use of Tomosynthesis at the Bunbury Breast Assessment Centre and relocate our Perth City Clinic.

Cultural awareness and special projects will focus on themes from the North Metropolitan Health Service Values. February and March 2020, is the "Care" theme which will see Aboriginal Cultural Awareness and Staff Wellness training. Staff are also suggesting ideas and getting involved in ways to show we care for self, colleagues, clients, environment and community. The Strategic Road Map is being launched on 24 February 2020. We will keep you informed.



Explore the six seasons of Nyoongar culture and Moonbinjil.
Source: Kings Park Education, Kings Park and Botanic Garden
Artwork: Dr Richard Walley

Bunuru

season of adolescence

Second summer: February-March

Coast living and fishing time.

Bunuru is the hottest time of the year with little to no rain. Hot easterly winds continue with a cooling sea breeze most afternoons if you're close to the coast. Therefore, traditionally this was, and still is, a great time for living and fishing by the coast, rivers and estuaries. Because of this, freshwater foods and seafood made up major parts of the diet during this time of year.

Bunuru is also a time of the white flowers with lots of white flowering gums in full bloom, including Jarrah, Marri and Ghost Gums.

Another striking flower that is hard to go past is the female Zamia (Macrozamia riedlei). Being much larger than that of its male counterpart, the huge cones emerge from the centre of the plant with masses of a cotton wool like substance.

As the hot, dry weather continues the seed upon the cones change from green to bright red, indicating they're ripening and becoming more attractive to animals, particularly the emu, that will eat the toxic fleshy outer.

Picnic in the Park in Pinjarra

Pinjarra was the first location for BSWA's mobile Picnic in the Park. While the mobile unit was in Pinjarra we arranged to have a picnic with local Aboriginal women in the area to help reduce the barriers to screening. This Picnic in the Park would not have been possible if it wasn't for the wonderful partnerships between community and government groups: BreastScreen WA, East Metropolitan Health Service, Nidjalla Waangan Mia & Bindjareb Park.

A few activities were organised for the ladies to do on the day. The local Bunnings store in Halls Head provided plants and materials to make woven hanging baskets. Their activity was a big hit.

A canvas was available for all the ladies to create their own artwork to commemorate the day. This was also a highlight of the day. The painting looked amazing - see photos below.



Welcome to new and returning radiologists



Dr Janelle Morris

Janelle Morris joined BSWA this year and is excited to be part of the team. She trained locally and completed a fellowship in Toronto, Canada.

Janelle also works in the Radiology department at Fiona Stanley Hospital.



Dr Liz Dallimore

Liz Dallimore has rejoined BSWA after a period of living overseas and in Melbourne. She trained locally and is happy to be back living and working in WA.

She is doing screen reading and assessment clinics at Bunbury as well as working at the breast clinic at Royal Perth Hospital.

Meet CRG member - Jodi Joyce



In 2017 BreastScreen WA found a tumor in my left breast, via my 4th routine mammogram - aged 46. Investigating the prevalence of breast cancer in women 40-49 as well as the general collective lack of awareness regarding eligibility of free mammography from 40, led me to organise a meeting with Dr Liz Wylie to determine if my facts and fears were accurate.

Liz invited me to be a part of the BSWA CRG to represent younger women and so the "Can at 40. Do at 45." campaign was born. Sitting on the CRG enables me to be updated with current and new practices that may be relevant to younger women in the community. Through the campaign, many women ask questions, share ideas and air concerns that are relevant to BSWA and I am able to bring those to the CRG table for discussion and possible improvement.

FACEBOOK: @Can40Do45
INSTAGRAM: #CANAT40.DOAT45



Farewell to long term staff member

Marjorie Barron, who joined BreastScreen WA in 1994 as a radiographer, has recently retired after 26 years of service on 31 January 2020.

Marjorie has performed more than 100,000 screening mammograms during her time with BreastScreen WA.



Marjorie was motivated to join the team at BreastScreen following her first visit for a mammogram where she encountered a very friendly fellow Canadian radiographer. During her screening career she has worked mainly at the Midland clinic, as well as on the mobile service across the state of WA from Exmouth to Esperance.

An afternoon tea was held to say farewell to Marjorie who will be missed both by her colleagues and her clients. We wish you all the best for your well-deserved retirement.

Recent website improvements

Translated resources

In the past 6 months a range of multicultural resources have been added to the BSWA website. Five resources have been translated in up to 34 different languages. The most recent addition is a poster to highlight a woman's risk of breast cancer. All resources can be downloaded and/or viewed on mobile devices.

The new languages, complementing our already extensive list of languages our resources are translated into, include Hindi, Punjabi, Sinhalese and Russian.

www.breastscreen.health.wa.gov.au/Breast-screening/Multicultural-women

Helping women find our clinics....

To make our Clinic locations easier to find the clinic maps on the BSWA website are linked to their Google map location. A very simple update that can make a big difference.

www.breastscreen.health.wa.gov.au/Breast-screening/Breast-screening-locations

Government of Western Australia
North Metropolitan Health Service

1 in 7 women is at risk of developing breast cancer

Early detection is your best protection.
BreastScreen WA invites women 50-74 years to have a **FREE** breast screening mammogram every two years.
Once is not enough.

If you need an interpreter, please call the Translating and Interpreting Service (TIS) first on 13 14 50 and ask to be connected to the BreastScreen WA call centre on 13 20 50 to book an appointment.

BreastScreen WA
LIKE US ON FACEBOOK
FOLLOW US ON TWITTER

IT update from Andrew Waddell



Some of the IT team from left: Gagandeep Randhawa, Jacek Gonsalves, Andrew Waddell and Preethi Sivasubramanian

2020 is shaping up to be an exciting year for Information Technology at BSWA. Our internal development team is in the planning and design phases of a new modern Application for our Assessment and Data Management areas. This will be the last phase of the MSR redesign that has been rolling out over the last couple of years.

Whilst that is happening, we are also getting ready to install Windows 10 and Office 365 throughout the organisation, which will provide us

with better teamwork tools, a more secure environment and access to the latest software technology.

Throughout 2020, HSS are migrating all the servers over to a new cloud based platform, which will provide much more flexibility and expandability going into the future. We are working closely with their team to ensure a smooth transition that avoids or minimises any possible disruptions to our workflow.

Early in 2020 we will roll out an ability for many client results to be directly uploaded into the Federal Government's My Health record system, so that women and their medical practitioners can keep track of their results over the years. This will be a great addition to the already popular on-line booking system and the on-line results system.

BreastScreen WA has also been invited to participate in some research that will evaluate the use of Artificial Intelligence to streamline and improve our screening processes. This research will be multi year, but it is the beginning of a new era in IT, that frankly I never expected we would get to in my working career. It is part of our commitment to keep up with the best technology to continuously improve our vital service.

It's going to be a busy year, but one that will see considerable improvements, exciting new directions and one that will truly demonstrate that BSWA is constantly moving forward and delivering a great service for the women of Western Australia.

Great work Gail



Gail Fielding recently promoted BreastScreen WA at the Bussleton Jetty swim. Gail did the 3.6km solo swim around the jetty again (her second time since coming to Australia). Gail said, "It was perfect conditions and glorious weather! It was the 25 year anniversary of the swim so I felt so lucky to be part of such a super event."

Calling all budding photographers!!!

BreastScreen WA is launching a photographic competition. The East Perth clinic has bare walls and what better way to decorate a Clinic than to showcase the photographic skills of staff.

The theme is **WA landmarks or landscapes**, anything that is distinctly Western Australian.

The photographs need to be saved in a high resolution (at least 1MB, and preferable larger).

Photos may be saved in our share drive:

W:\Breastscreen\EPG\BSWA\SHARED\PHOTO COMPETITION 2020 WA landmarks-landscapes

or emailed to:

breastscreenwa@health.wa.gov.au
SUBJECT: Photo Competition

Some examples below are from staff photos that are displayed in the Mandurah Clinic.



Yallingup sunset | Photographer: Lorraine Knott



Lake Yanchep | Photographer: Dr Eric Khong

We may also use these images on BSWA's website and Facebook sites.

If you have any queries please talk to Coby Pearson or Angela Hellewell in Health Promotion.

Make Support breast cancer research
Mother's Day
mean more.
Sunday 10 May



Join our team
BSWA Breast Friends WA

This year we are bringing the BSWA mobile unit!

Participants can choose to have their mammogram or just a walk through.

Be there with us in your pink shirt for this exciting year!

Walk or run 4km or 8km!

Our team, **BSWA Breast Friends WA**, is live and is ready for people to join.

All participants registered to the BSWA team - **BSWA Breast Friends WA** - are encouraged to wear a pink shirt on the day.

BSWA, WNHS and NMHS staff and their friends and family are welcome to join our team!

8am 8km run starts
8.45am 4km run starts
9am 4km and 8km walk starts

Questions?

Any questions about the day or the registration process please contact Coby Pearson - 9323 6734, coby.pearson@health.wa.gov.au

Let Coby know if you need a BSWA pink shirt (*limited sizes available*).

Registration

Register through the online registration system at: <https://www.mothersdayclassic.com.au/events/event-map/perth/>

- Select Register, indicate if registering as individual or group/family
- Confirm 2020 Perth event
- Enter your email address, either log in to existing account, or create new account
- You will be prompted with a page asking if "you would like to participate with a team"
- Select "search teams"
- Start typing the team name **BSWA Breast Friends WA** and a drop down menu will appear with our team name; Select **BSWA Breast Friends WA** and continue with your registration.

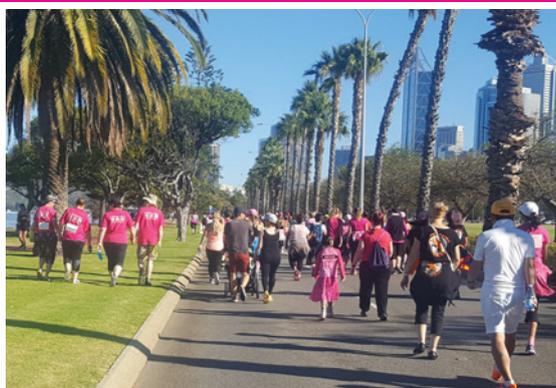
Early bird (cheaper entry fees) closing date 31/3/20.

The Perth course is at Supreme Court Gardens, Riverside Drive, Perth.

It's a nice flat course that circuits Riverside Drive between Barrack Street and the Causeway.

A single loop of the course is 4km in length.

Those entered into the 8km events will be required to do two laps of the course.



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